

Course E-Syllabus

1	Course title	Health Assessment
2	Course number	5701107
3	Credit hours	3
	Contact hours (theory, practical)	(2,1)
4	Prerequisites/co-requisites	5701103
5	Program title	BSc. In Nursing
6	Program code	57
7	Awarding institution	The University of Jordan/Aqaba branch
8	School	Nursing
9	Department	Nursing 01
10	Level of course	1
11	Year of study and semester (s)	2020/2021 first semester
12	Final Qualification	B.Sc. in Nursing
13	Other department (s) involved in teaching the course	None
14	Language of Instruction	English
15	Teaching methodology	<input checked="" type="checkbox"/> Blended <input type="checkbox"/> Online
16	Electronic platform(s)	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....
17	Date of production/revision	22 nd SEP 2020

18 Course Coordinator:

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19 Other instructors:

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20 Course Description:

The aim of this course (Theoretical and clinical parts) is to provide the students with the knowledge and skills necessary to assess the individuals' health throughout the stages of life. In addition, the course aims to develop the ability of students to practice health assessment based on the functional health patterns in nursing, which affects the individual's health status. It enables the student to differentiate any deviations from normal status. The students will be trained in the faculty of nursing laboratories.

21 Course aims and outcomes:

A- Aims:

The aims of this course are to help students to develop the skills and techniques required to perform health assessment as a first step of the nursing process and the ability to recognize the normal findings and the deviation from normal.

B- Intended Learning Outcomes (ILOs):

Upon successful completion of this course, students will be able to:

Intended Learning Outcomes (ILO)	
ILO 1: Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.	
Specific Course Objectives	1.1 Illustrate appropriate techniques in performing health assessment 1.2 Determine the suitable health education that should be covered based on clients' needs 1.3 Relate relevant anatomy and physiology to the health assessment process.
Relevant Competency (JNC)	Quality improvement, client centered care, safety.
Evaluation Methods	Multiple choice and essay questions exam, clinical evaluation, clinical exams, assignments
ILO 2: Apply principles of effective communication with peers, individuals, families, groups, and health care team.	
Specific Course Objectives	2.1 Demonstrate necessary skills in documenting health assessment findings 2.2 Facilitate effective communication skills to ensure comfort and healthy atmosphere
Relevant Competency (JNC)	Professional communication
Evaluation Methods	Multiple choice and essay questions exam, clinical evaluation, clinical exams, assignments

ILO 3: Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups.	
Specific Course Objectives	3.1 Explain health assessment techniques appropriate to each body system 3.2 Differentiate between normal and abnormal health assessment findings. 3.3 Put together health assessment skills in a scientific and safely way
Relevant Competency (JNC)	Quality improvement
Evaluation Methods	Multiple choice and essay questions exam, clinical evaluation, clinical exams, assignments
ILO 4: Apply professional standards, values, and behaviours in providing nursing care for individuals, families, and groups.	
Specific Course Objectives	4.1 Demonstrate the ability to deal in a professional and culture sensitive manner
Relevant Competency (JNC)	Professional communication, quality improvement
Evaluation Methods	Clinical evaluation
ILO 5: Demonstrate safety measures to protect self, individuals, families, and groups.	
Specific Course Objectives	5.1 Illustrate appropriate techniques in performing health assessment 5.2 Demonstrate adequate skills to perform health assessment procedures in a safety manner
Relevant Competency (JNC)	safety
Evaluation Methods	Multiple choice and essay questions exam, clinical evaluation, clinical exams, and assignments
ILO 6: Translate organizational, leadership, interprofessional collaboration, and management concepts into nursing care for individuals, families, and groups.	
Specific Course Objectives	6.1 Develop data obtained from health assessment in correct terms.
Relevant Competency (JNC)	Quality improvement, Safety
Evaluation Methods	Assignments
ILO 7: Utilize evidence based practice in providing care for individuals, families, and groups.	
Specific Course Objectives	7.1 Show ability to search internet to identify scientific answers for given case studies or assignments
Relevant Competency (JNC)	Evidenced based practice, quality improvement
Evaluation Methods	Assignment

22. Topic Outline and Schedule:

Week	Period [condensed period] [MON/TU 8:00- 14:00]	Topic	Teaching Methods*/platform	Evaluation Methods**	References (Jarvis), Reading and Activities
1	12/13 OCT 20 [15 NOV 2020]	Course orientation Health History, physical Assessment (Collecting Subjective and Objective Data)	Structured orientation lectures Homework assignment	 General Survey for a client (10%)	Chapter 4; p 49-66 Chapter 9; p
2	19/20 OCT 2020 [16 NOV 2020]	Assessment techniques	Lecture, video, demonstration	Exam	Chapter 8; p 115-126
		Skin, hair, and nail assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 12; p. 199-250
3	26/27 OCT 2020 [17 NOV 2020]	Head, Face, and Neck, Regional Lymphatics,	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 13; p. 251-280
4	2/3 NOV 2020 [18 NOV 2020]	Eyes Assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 14, p. 281-324
5.1	9/10 NOV 2020 [19 NOV 2020]	Ears Assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 15; 325-352
5.2		Nose, mouth, and throat assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 16; p. 353-384
6	16/17 NOV 2020 [13 DEC 2020]	Midterm written exam (20%)		Exam	
6		Breast and regional lymphatics assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 17; 385-412
7 & 8	23/24 NOV 2020 30 NOV/1 DEC [13&14 DEC 2020]	Thorax and lungs assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 18; p. 413-458
9	7/8 DEC [15 DEC 2020]	Heart and neck vessels assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 19; p. 459-508
10	14/15 DEC [15 DEC 2020]	Peripheral vascular assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 20; 509-536
11	21/22 DEC [16 DEC 2020]	Abdomen assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 21; p.537-576
12	28/29 DEC	Musculoskeletal assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 22; p. 577-632
13 & 14	4/5 JAN 2021 11/12 JAN 2021 [17 DEC 2020]	Neurological system assessment	Lecture, procedure video, demonstration	Exam, clinical evaluation	Chapter 23; p. 633-690
15	18 JAN 2021	Final clinical exam (20%) Final written exam (30%)		Clinical exam Theoretical exam	

- Teaching methods include: Synchronous lecturing/meeting; Asynchronous lecturing/meeting
- Evaluation methods include: Homework, Quiz, Exam, pre-lab quiz, clinical evaluation ...etc

23 Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity	Mark	Topic(s)	Period (Week)	Platform
Midterm written Exam	25	Topics covered in first 5 weeks	Week 6	Moodle
Midterm practicum exam	15	Topic covered in week 1	Week 2	Lab and homework sent via Moodle
Clinical Evaluation (professionalism and remonstrations, documentation of college's assessment finding)	10	All topics	Ongoing	Weekly laboratory sheet
Final practicum Exam	20	All topics	Week 15	Nursing laboratory/demonstration
Final written Exam	30	All topics	Week 15	Computer lab, MCQs using Moodle

24 Course Requirements (e.g.: students should have a computer, internet connection, webcam, account on a specific software/platform...etc.):

Computer, internet connection, lab coat, stethoscope, mask, gloves,

25 Course Policies:

A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and submitting assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make-up exam.

- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Failure in attending the final clinical exam will result in zero mark and the student will not be allowed to set for the final theory exam, unless the student presents an official acceptable excuse to the Dean of his/her faculty (before the final theory exam) who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester
- Assignments and projects should be submitted to the instructor on the due date and will not be accepted after the due date.

C- Health and safety procedures:

- comply with all regulations and standards of regulatory authorities representing occupational health and safety.
- Staff should ensure that students in their areas of assignment, have been given adequate direction, training and instruction in the safe performance of their work and that it is performed without unnecessary risk;
- immediately reporting to a supervisor all work related incidents and obtaining medical treatment without delay.
- Ensure compliance with occupational health and safety standards in conformity with both university policies
- Promote frequent and thorough hand washing using soap and running water, or for immediate action, use alcohol-based hand rubs containing at least 60% alcohol.
- Students should stay home if you are sick.
- Encourage respiratory etiquette, including covering coughs and sneezes
- Students should not use other students' phones, desks, pens, lab coat, stethoscope, , or other work tools and equipment, when possible.

D- Honesty policy regarding cheating, plagiarism, misbehavior:

Cheating, plagiarism, misbehavior are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.

- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.

Using any media (including mobiles) during the exam

- **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29): <http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>**

E- Grading policy:

A grade of (D) is the minimum passing grade for the course.

Mark Range	Grade
0-39	F
40-49	D ⁻
50-55	D
56-59	D ⁺
60-63	C ⁻
64-67	C
68-70	C ⁺
71-74	B ⁻
75-77	B
78-80	B ⁺
81-83	A ⁻
84-100	A

F- Available university services that support achievement in the course:

26 References:

A. Required book(s), assigned reading and audio-visuals:

- Jarvis, C. (2016). *Physical Examination & Health Assessment*. (6th ed.) St. Louis: Saunders Elsevier.com.

B. Recommended books, materials and media:

- Hogan-Quigley, B. Palm, L. Bickley, L. (2013). *Bates' Nursing guide to physical examination and history taking* (11th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.
- Weber J. and Kelley J (2003). *Health Assessment in Nursing*, 2nd Edition, Lippincott Williams and Wilkins
- Weber J., Kelley J., & Sprengel A., (2003). *Lab Manual to Accompany, Health Assessment in Nursing*, 2nd Edition, Lippincott Williams and Wilkins

C. Electronic resources

- Health Assessment Videos

27 Additional information:

Clinical Evaluation Form

	Item	0	1	2	Score
1	Appearance	Pay little attention to personal appearance	Usually neat	Always neat	
2	initiative	Waits to be told what to do	Usually initiative	Always initiative	
3	Interpersonal relationship and cooperation	Rarely shows respect and cooperation with colleagues	Usually shows respect and cooperation with colleagues	Always shows respect and cooperation with colleagues	
4	Attitude towards instructor	Rarely accepts instruction, and no evidence of change in behavior	Usually accepts instruction, shows little change in behavior	Always accepts instructions, and modifies behavior	
5	Punctuality	Rarely on time	Usually on time	Always on time	
6	Knowledge in relation to skills	Displays poor knowledge and skills	Displays sufficient knowledge and skills	Has full and complete correlation of theory and practice	
7	Need for assistance	Constantly needs help and support	Usually needs help and support	Rarely needs help and support	
8	Attendance	Absent 3-4 sessions	Absent 1-2 sessions	Attended all sessions	
				TOTAL:	

Name of Course Coordinator: Dr. Rasha Dabbour Signature: ----- Date: 5 OCT 2020

Head of Curriculum Committee/Department: ----- Signature: -----

Head of Department: ----- Signature: -----

Head of Curriculum Committee/Faculty: ----- Signature: -----

Dean: ----- Signature: -----